

Coaching Agreement (3-Session Package)

Shirley Markant Coaching | Sequel to a PhD, LLC

Coaching Agreement for Monthly Subscription

This Coaching Agreement (“Agreement”) is entered into by and between **Shirley Markant** (“Coach”) and the **individual purchasing coaching services** (“Client”).

This Agreement applies to all coaching services purchased as a 3-session package through **Shirley Markant Coaching | Sequel to a PhD, LLC**. The specific Client is identified by the name and email address associated with the purchase transaction.

1. Session Details

- **Session Type:** Up to three 45-minute coaching sessions
 - **Session Format:** Conducted via Zoom
 - **Scheduling:** Sessions must be scheduled and completed within 60 days of the date of purchase. Unused sessions do not roll over. Session dates and times are scheduled using the Coach’s scheduling link.
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2. Payment

- **Fee:** As displayed at the time of purchase
 - **Billing:** Payment is processed in full at the time of purchase. There are no recurring payments for this package.
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3. Purpose of Coaching

- The purpose of coaching is to provide a thoughtful, supportive space for reflection and decision-making in relation to personal and professional challenges, with an emphasis on strengthening self-trust.
- Coaching focuses on uncovering what may be getting in the way, clarifying priorities, and supporting aligned action based on the Client’s values, strengths, and insights.
- **Coaching is not therapy, counseling, or medical treatment.** While coaching may touch on personal or professional challenges, it does **not include diagnosing or treating mental health conditions**, and it is not a substitute for therapy, medical care, or other professional services.

4. Confidentiality

- The Coach will maintain confidentiality of coaching conversations and materials, except where disclosure is required by law (for example, if there is an immediate risk of harm to the Client or others).
 - Coaching communications are **not legally privileged** (unlike attorney-client or therapist-client communications).
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5. Cancellations and Rescheduling

- Clients must provide at least 24 hours' notice to cancel or reschedule a session.
 - If the Coach must cancel or reschedule, notice will be provided as soon as possible and a mutually agreeable alternative time will be offered.
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6. Term and Cancellation

- The 3-session package is a one-time engagement.
 - Sessions and payment are **non-refundable** once the package is purchased.
 - Clients must provide at least 24 hours' notice to cancel or reschedule a session. Missed sessions without proper notice cannot be rescheduled, except at the Coach's discretion.
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7. Limitation of Liability and No Guarantees

- Coaching is a collaborative process. The Client is fully responsible for their own decisions, actions, and outcomes.
 - The Coach does **not guarantee any specific results or outcomes**.
 - The Coach is not liable for any personal, professional, or financial outcomes resulting from participation in coaching.
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8. Force Majeure

- The Coach is not responsible for missed sessions, delays, or interruptions due to circumstances beyond the Coach's reasonable control, including but not limited to illness, technical failures, or natural disasters.

- In such circumstances, the Coach will offer to reschedule the affected session at a mutually agreeable time.
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9. Governing Law

- This Agreement shall be governed by and construed in accordance with the laws of the **State of New York**.
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10. Dispute Resolution

- Any disputes arising under this Agreement will first be addressed through good-faith discussion between the Client and the Coach. If unresolved, the parties may pursue mediation or other mutually agreed-upon resolution methods.
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11. Electronic Agreement

- This Agreement is entered into electronically. No physical signature is required.
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12. Agreement Acceptance

- By purchasing this 3-session package and selecting “I agree” during checkout, the Client confirms that they have read, understood, and agree to be bound by the terms of this Agreement.
- This Agreement becomes effective on the date of purchase.